

FOCUSTM 2 CAREER

Student Dashboard	Description
<p style="text-align: center;">Welcome! Let's get started developing your personalized career and education plans!</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>My Career Planning Readiness</p> <p>START</p> </div> <div style="text-align: center;">  <p>My Academic Strengths</p> <p>START OVER REVIEW RESULTS</p> </div> </div>	<p style="text-align: center;">A Great Starting Point</p> <p style="text-align: center;">Orientation to the career planning process</p>
<p style="text-align: center;">Self Assessment Discover majors and occupations that match your personal attributes</p> <div style="display: grid; grid-template-columns: repeat(2, 1fr); gap: 10px;"> <div style="border: 1px solid #ccc; padding: 5px;"> <p>Work Interest Assessment</p> <p>100%</p> <p>RESULTS Review Start Over</p> </div> <div style="border: 1px solid #ccc; padding: 5px;"> <p>Values Assessment</p> <p>0%</p> <p>START</p> </div> <div style="border: 1px solid #ccc; padding: 5px;"> <p>Personality Assessment</p> <p>0%</p> <p>START</p> </div> <div style="border: 1px solid #ccc; padding: 5px;"> <p>Skills Assessment</p> <p>100%</p> <p>RESULTS Review Start Over</p> </div> <div style="border: 1px solid #ccc; padding: 5px;"> <p>Leisure Assessment</p> <p>0%</p> <p>START</p> </div> <div style="border: 1px solid #ccc; padding: 5px;"> <p>Combine Assessments</p> <p>2/5 Completed</p> <p>↻</p> </div> </div>	<p style="text-align: center;">Valid & Reliable Self Assessments</p> <p style="text-align: center;">Assessment results identify occupations and majors at this college matching your personal attributes.</p>
<p style="text-align: center;">Explore the Possibilities Use these tools for ongoing career and education exploration</p> <div style="text-align: center; margin-top: 20px;"> <p>What can I do with a major in ... at University of Vermont? ◊</p> <p>Explore Any Area of Study ◊</p> <p>Explore any Occupation ◊</p> <p>Explore Occupations by Job Family ◊</p> <p>Compare 2 Occupations Side by Side ◊</p> </div>	<p style="text-align: center;">Major & Career Exploration</p> <p style="text-align: center;">Explore suggested majors that match your personal attributes and navigate career options to make informed decisions</p>
<p style="text-align: center;">Take Action Create a road map of your academic and career development activities</p> <div style="display: flex; justify-content: center; margin-top: 20px;"> <div style="border: 1px solid #ccc; padding: 5px; margin-right: 10px;"> <p>My Education</p> <p>➔</p> </div> <div style="border: 1px solid #ccc; padding: 5px;"> <p>My Professional Development</p> <p>➔</p> </div> </div>	<p style="text-align: center;">Academic & Career Plan</p> <p style="text-align: center;">Develop a road map to plan for your future</p>
<p style="text-align: center;">Diane McCrudden's Career and Education Planning Results A summary of your assessment results and saved preferences</p> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  <p>My Saved Occupations</p> </div> <div style="text-align: center;">  <p>My Saved Majors</p> </div> <div style="text-align: center;">  <p>Review and Print My Portfolio</p> </div> </div>	<p style="text-align: center;">FOCUS 2 Career Portfolio</p> <p style="text-align: center;">Summary of your results with your comments & top choices</p>
<p style="text-align: center;">Recommended Tools & Websites</p> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="border: 1px solid #ccc; padding: 5px; width: 30%;"> <p>Upcoming Events at University of Vermont</p> </div> <div style="border: 1px solid #ccc; padding: 5px; width: 30%;"> <p>Job Boards and Internship Opportunities</p> </div> <div style="border: 1px solid #ccc; padding: 5px; width: 30%;"> <p>Links to Resources</p> </div> </div> <p style="font-size: small; text-align: center; margin-top: 10px;">FocusTM 2 Copyright 2016 Career Dimensions®, Inc. All Rights Reserved</p>	<p style="text-align: center;">Resources & Links</p> <p style="text-align: center;">Link to resources suggested by your career counselor.</p>

INSTRUCTIONS:

1. Complete each of the 5 Interest Assessments (Work, Personality, Leisure, Values, and Skills)
2. Answer each of the questions below to help you reflect on your results

Work Interest Assessment

What is your Holland Code? _____

Describe the characteristics of your Holland Code type (top three work interests) and the types of work activities that typically appeal to people with these work interests.

1. Characteristics: _____
Work Activities: _____
2. Characteristics: _____
Work Activities: _____
3. Characteristics: _____
Work Activities: _____

Personality Assessment

Describe the characteristics of your personality type and the types of work activities that typically appeal to people with these work interests.

4. Characteristics: _____
Work Activities: _____
5. Characteristics: _____
Work Activities: _____
6. Characteristics: _____
Work Activities: _____

Leisure Assessment

Describe your top three leisure preferences and how they relate to occupations.

1. _____

2. _____

3. _____

Skills Assessment

Describe your top three skills and types of work that use these skills.

1. _____

2. _____

3. _____

Values Assessment

Describe your top three values and types of work that use these skills.

1. _____

2. _____

3. _____

Combining Assessments to Narrow Down Your Results

Click on *Combine Assessments* and select the assessments that you wish to combine. Review the occupation list that is generated by combining the assessments of your choice and then examine the list.

▪ **Identify the following:**

1. Occupations that immediately appeal to you
2. Occupations that surprise you but sound interesting
3. Occupations that do not appeal to you

Examine the details of the occupations that appeal and/or sound interesting to you.

What are your top 3 favorite occupations?

1. Occupation: _____
Skills needed: _____
Temple University Major(s): _____
Student/Professional Organizations: _____
2. Occupation: _____
Skills needed: _____
Temple University Major(s): _____
Student/Professional Organizations: _____
3. Occupation: _____
Skills needed: _____
Temple University Major(s): _____
Student/Professional Organizations: _____

EXPLORE THE POSSIBILITIES:

FOCUS 2 CAREER offers a variety of tools to help you explore occupations and majors:

- Use **What Can I Do with a Major In...?** to learn about the majors offered at your college and the occupations associated with those majors and save those majors that appeal to you
- **Explore Any Area of Study:** Click on any area of study to learn about the specialization areas associated with any major area of study
- **Explore Any Occupation:** Explore over 1,000 occupations
- **Explore Occupations By Job Family:** Explore occupations associated with any industry area
- Use **Compare Any Two Occupations** on the FOCUS 2 CAREER dashboard to compare and contrast occupations



Adapted from the Focus 2 Career & Education Planning Workbook by Career Dimensions, Inc.